



Suggested recommendations for our trail visitors

- Forbidden: The use of flash while taking pictures.
- Forbidden: Removing or possessing natural resources (such as wildflowers, plants, rocks or minerals).
- Forbidden: Feeding wildlife.
- Forbidden: Smoking during the walks.
- Forbidden: Throwing thrash or any object, whether organic or inorganic, solid or liquid, or any substance or compound that may alter the physical or chemical characteristics of the soil.
- Forbidden: Touching or manipulation of any species of wildlife such amphibians, insects of plants.
- Do not get off the trail.
- Wear closed shoes or rubber boots during the walks.
- Please be quiet during the walk to increase the chances to see wildlife.
- Do not touch plants or tree trunks to avoid the possibilities of snake bites or insect stings.

**+800-451-7111 For USA and Canadian Guests**

**506-2761-1800 For Costa Rican Guests**

**+352-377-7111 Outside Costa Rica, USA / Canada**